

B *BLESSING* Wellness Center

NOW OPEN!

24 hours

7 days/week

Including Holidays

FEATURING:

COOKING DEMONSTRATION CLASSROOM

PERSONAL TRAINING

HEALTH EDUCATION PROGRAMS

**STATE-OF-THE-ART FITNESS EQUIPMENT
INCLUDING:**

- Keiser M3 Indoor Cycle (spin bikes)
- IndoRow
- Bodhi Suspension System
- Barre Classroom
- Cybex Strength Equipment
- Touchscreen Cardio Equipment
by Cybex, TRUE, Octane & Stairmaster

